

Graduate Diploma in Clinical Supervision

Accredited & Awarded by
Swinburne University of Technology



Executive Counselling & Training Academy
210 Middle Road #07-02
Singapore Pools Building
Singapore 188994

VISION

Executive Counselling & Training Academy (ECTA) is the leader in providing professional counselling training of the highest standards to Singapore and the Asian region.

MISSION

As an academy, we develop professionals for meaningful careers in the counselling service by providing adult learners with deep counselling capabilities and competencies critical to the counselling profession.

CORE VALUES: P.R.I.D.E

Professionalism – We are committed to being consistent and conscientious at all the times.

Resilience – We embrace change and are adaptable

Integrity – We are honest and straightforward in all interactions

Dedication – We practice care for self and others

Ethics – We remain upright and we adhere to the Counselling Profession's code of ethics



Sunflower Icon



HOPE, HEALING & RESTORATION

Hope: ECTA aspires to instil hope in our Interns by providing them with an opportunity to fulfil their dreams and passion. Following the training offered, our Interns and Graduates will in turn inspire hope in their Clients.

Healing: The education offered at ECTA takes our Interns on a journey of healing from within, and this personal experience will enable our Graduates to explore with their Clients this same healing process during their counselling sessions.

Restoration: ECTA believes that restoration to one's physical, spiritual, psychological and emotional well-being is the key to holistic growth.

Swinburne University of Technology

Faculty: Faculty of Health, Arts and Design
Website: www.swin.edu.au

Contact ECTA

Telephone: 6339 5191 / 6346 6411
Fax: 6334 2911
Email: info@ecta.edu.sg
Website: www.ecta.edu.sg



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Graduate Diploma in Clinical Supervision

Introduction

This course focuses on the fundamentals of supervision and provides a comprehensive introduction to the theory and practices of clinical supervision. Generic key concepts, skills, and approaches are explored for the application across different types of supervision required. It discusses the definitions, purposes and benefits of supervision. Using existing evidence to assist individuals in their role as supervisors, this course aims to provide students with the aptitude to supervise.

An Overview of Graduate Diploma in Clinical Supervision

The aim of the course is to provide high quality multidisciplinary training in clinical supervision for professionals working in the mental health area. This course will address the growing gap between demand and availability of comprehensive training in the area of clinical supervision.

The course is intended to provide specialised skills in supervision across a range of professional disciplines and is designed to meet the needs of suitably qualified professionals (e.g., qualified counsellors, psychologists, psychiatrists, social workers and other mental health professionals) who are currently in supervisory capacity or intend to become supervisors.



Course Objective

At the completion of the Graduate Diploma in Clinical Supervision, students are expected to be able to:

- Apply cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems within the supervisory context, and to think critically to generate and evaluate complex ideas
- Apply specialised and advanced technical and creative skills in the professional practice of supervision
- Use communication skills to demonstrate an advanced and broad understanding of theoretical concepts in supervision, to transfer complex knowledge and ideas to a variety of audiences
- Demonstrate the application of knowledge and skills to make high level, independent judgements in a range of technical or management functions in varied specialised clinical contexts
- Initiate, plan, implement and evaluate supervision practice within varied specialised technical and/or creative contexts
- Demonstrate responsibility and accountability for personal outputs and all aspects of the supervisory work or function of others (e.g., supervisees)
- Apply a broad range of theoretical models of, and skills in, supervision at an advanced level in a range of professional contexts
- Demonstrate the application of ethical practice in supervision and understand professional boundaries in clinical contexts and relationships
- Developing the skills in identifying legal and ethical issues



Course Subjects

Subject PSC60015: Introduction to Clinical Supervision

- Role of supervision in professional practice – responsibilities, ethical issues
- Evidence-based for supervision and evidence-based supervision practice - evaluation of supervision
- The supervisory relationship: models, evolution, techniques and skills in developing effective supervisory alliance
- Developmental models in supervision
- Fostering learning and development in supervisees - reflexive practice
- Working with diversity in supervision
- Provision of feedback
- Assessment of supervisee's competencies-role of facilitative and summative assessments

Subject PSC70020: Integrative and Postmodern Models in Supervision

- The basic concepts of Solution Focused Brief Therapy (SFBT): history, tenets and assumptions
- Basic Interviewing Skills in SFBT and their role in supervision
- The solution building skills in relation to supervision
- Brief group supervision
- Developing and practicing SFBT skills among supervisees
- Supervisor's knowledge, skills, expertise, professionalism and development
- Supervisor's attention on the focus of therapist's awareness and the therapist functional modes
- Addressing problems in supervision – building solutions
- Evaluation of the Supervision and supervisee
- The process of supervision



Subject PSC70019: Developmental and Psychodynamic Models in Supervision

- Overview of major theoretical models of supervision
- Social Role Models – overview and discussion
- Developmental Models of Supervision
- Role of supervisor within the developmental framework
- The Supervisory Context
- Identifying Issues in Supervision
- Motivating Factors of Supervision
- Psychotherapy based models of supervision
- Basic Concepts in Psychodynamic Supervision

Subject PSC60017: CBT Models in Supervision

- Basic Tenets of Cognitive-behaviour therapy
- Supervision Models in Cognitive-behaviour therapy (competencies, processes)
- Role of supervisor and supervisee
- The Supervision Relationship – Collaborative empiricism
- Conceptualizing client/supervisee progress – identification of strengths, expectations, beliefs, negative emotions
- Hypothesis generation and testing
- Knowledge and skill development
- Use of behavioral techniques: modelling, role plays
- Implementation and evaluation
- Developing reflective practice
- Role of objective, reliable measures to evaluate practice
- Evaluation of supervisee competencies



Subject PSC70021: Systemic Model in Supervision and Group Based Interventions

- Systemic Theory and Models of Therapy in Supervision
- Goals and outcomes of Supervision
- Different Styles of Systemic Supervision
- Congruence of Model and Supervision
- A process approach in supervision
- Developing hypotheses systemic approach to supervision
- Case presentation and example of Systemic Hypothesis

Subject PSC60016: Ethical and Legal Issues in Supervision

- Introduction to common ethical and legal issues in supervision
- Overview of Ethical Principles for supervisors
- Ethical Practice: Adherence to Guidelines, the supervisory working alliance
- Confidentiality, clients' privacy and privileged communication
- Informed Consent with Supervisees regarding supervision
- Introduction to the Ethical Decision-making Model
- Major Ethical Issues and elements of malpractice claims
- Boundary Issues in the supervisory relationship



Subject PSC60018: Peer and Group Practical Supervision and Assessment

- Supervision in the organisational and professional context
- The supervisory relationships – establishing rapport, building confidence, roles and responsibilities and context
- Increasing confidence and independence- the supervisee development
- Assessment and evaluation - summative and formative assessment – designing and assessing
- Feedback vs Assessment/evaluation
- Reflective practice

Subject PSC70022: Live Supervision and Placement

- Supervision in practice – practical placement
- A live supervision conducted by the candidate supervising the therapist showcasing their competencies.
- Focus on:
 - ❖ Establishment of Rapport
 - ❖ Candidate's Use of Content
 - ❖ Supervisory Process (Congruence, Respect and Professionalism)
 - ❖ Formulation of Interventions
 - ❖ Pacing with the Supervisee
 - ❖ Impact on Supervisee
 - ❖ Identification of Supervisory Issues
 - ❖ Fulfilment of Contract
 - ❖ Understanding of Ethical Issues
 - ❖ Provision of Feedback
 - ❖ Facilitator's Overall Comments for Growth and Development



Course Hours (418 hours)

Lectures	223
Group Supervision with Supervisors	36
Co-Supervision	6
Peer Supervision Practice	16
Peer Supervision of Live Supervision	2
Supervision with Supervisees	8
Live Supervision with Assessors	24
Case Management	43
Related Supervision Experiences	10
Personal Journal	50
TOTAL	418

Admissions

Entry Requirements

Applicants should be at least 28 years old and possess a Master Degree in Counselling/Social Work/Nursing/Health/Services/Human Services or its equivalent. Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduate) and a minimum of 30 hours of individual/group supervision (post-graduate).

Course Fees

\$18,000.00 (including GST) is inclusive of tuition fees, study materials, exam fees, group supervision, professional indemnity, industry-wide course fee insurance and graduation.

A non-refundable *application fee of \$150.00 (excluding GST) is payable upon submission of "Application Form for Admission" to Swinburne University of Technology (SUT). The course fees are payable in 6 instalments.

Course Fee	\$15,522.43(excluding GST)
Application Fee*	\$150.00 (excluding GST)
Administrative Fee	\$1,150.00 (excluding GST)

Total	\$16,822.43 (excluding GST)
	\$18,000.00 (including GST)

(All fees stated are subjected to revision)



ECTA Location Map

210 Middle Road #07-02 Singapore Pools Building Singapore 188994



Executive Counselling and Training Academy Pte Ltd
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